

## So Who is Setebaid®?

Setebaid Services is a not-for-profit organization which provides diabetes education and social support programs for individuals with diabetes and their families. Select Setebaid programs provide training for future healthcare professionals. Each year we host a comprehensive schedule of hands-on diabetes education for campers of all ages!



## Why Setebaid®?

Setebaid Services turns diabetes around by providing quality diabetes education which is child-friendly and fun!

### Our programs are transformational by...

- Enabling children to meet others with the same condition
- Easing parents' worry associated with raising a child with diabetes
- Providing a healthy, enjoyable experience for children with diabetes & their siblings
- Fostering independence by increasing acceptance & motivation
- Teaching the entire family that living with diabetes is not a restrictive lifestyle



# BECOME A SETEBAID SPONSOR

There are many ways to sponsor this fantastic educational opportunity for families who are affected by Type 1 Diabetes. From sponsoring a speaker, to a meal, to an activity...there are ways to show your support. Please contact the Setebaid office to learn more about this opportunity.

## Your Tax Deductible CONTRIBUTION

All funds raised through the conference will be used to support the diabetes programs, including:

- ⇒ Camp Setebaid®
- ⇒ The Harrisburg Diabetic Youth Camp (HDYC)
- ⇒ Diabetes Family Day
- ⇒ Diabetes Family Conference
- ⇒ And all other programs operated by Setebaid Services

"My daughter has a greater perspective of herself as a person with diabetes in the world. She now sees she is not alone."



Setebaid Services, Inc.  
1157 Westbranch Highway  
P.O. Box 196  
Winfield, PA 17889-0196  
  
(570) 524-9090  
1-866-SETEBAID  
www.setebaid.org



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## SETEBAID® DIABETES FAMILY CONFERENCE

# TOGETHER

We Can Turn



Diabetes Around!



The Diabetes Family Conference is a full-day of programming for the entire family at lovely Camp Setebaid® at Swatara! From diabetes educational sessions for adults, to leadership games and teen challenges, to fun camp activities for children this is the place to be!

**April 28<sup>th</sup>, 2018**  
**9AM - 5PM**

**Camp Setebaid® at Swatara**  
**2905 Camp Swatara Road**  
**Bethel, PA 19507**

# CHILDREN

LET'S HAVE SOME CAMP FUN!

Make the conference truly an opportunity for the entire family! Setebaid® will have age-appropriate activities led by our fantastic camp staff.

## AGES (3-12)

CHILDREN WITH T1D & SIBLINGS WELCOME!

### Schedule:

- 9:00 Registration
- 9:30 Activities
- 11:30 Join Parents for Lunch
- 12:00 Lunch
- 12:45 Activities
- 4:00 Join Parents

### Example Activities:

<u>Ages 3-5</u> Coloring Games Large Bead Crafts Playground Time Story Time	<u>Ages 6-8</u> Arts & Crafts Gaga Games Mini-Golf Outdoor Games	<u>Ages 9-12</u> Arts & Crafts Gaga Games Mini-Golf Outdoor Games
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### CONFERENCE GOALS

- Count every gram of carbohydrate he/she eats
- Check his/her blood glucose level
- Inject insulin every time he/she eats carbohydrates or use an insulin pump to do so
- Check for ketones
- Balance the blood glucose level with his/her activity level
- Have FUN!



# ADULTS

JOIN US FOR AN EDUCATIONAL DAY!

Setebaid has reached out to partner with T1D experts to speak on multiples topics close to the hearts of families managing diabetes.

### Schedule:

- 9:00 Registration
- 10:00 Welcome & Opening Session
- 10:30 Session 1
- 11:30 Pick up Children for Lunch
- 12:00 Lunch in Dining Room
- 12:45 Children to Children's Activities
- 1:00 Session 2
- 2:15 Session 3
- 3:30 Greet Other Parents over Snack
- 4:00 Pick up Children for Closing
- 4:15 Closing Ceremony for All
- 4:45 End of Conference

### CONFERENCE GOALS

- Enable families of children with diabetes to meet other families affected by diabetes.
- Offer parents assistance and advice from experts regarding raising a child or teen with diabetes.
- Provide an enjoyable experience and foster independence for children and teens with diabetes.
- Teach the child how to work as part of a team during children's activities.
- Enable children to interact with healthcare providers in a non-clinical setting.

Register for the Diabetes Family Conference at [Setebaid.Org](http://Setebaid.Org)!

(Please Call The Office For Manual Registration)

# ADULT SESSION SCHEDULE

(Includes teens 13 and older who register)

SESSION	ROOM A	ROOM B	ROOM C
1	Handling Sick Days	Managing Carbohydrates in Today's World	Diabetes 101: Part 1
2	Current Treatment Options	Current Diabetes Research	Diabetes 101 Part 2: Hypoglycemia
3	Current Treatment Technology Options	Tips for Healthy Eating On the Go	T1D and the Teenage Years: The Ups and Downs

**COME LEARN FROM THE SAME PROFESSIONALS WHO TRAIN OUR CAMP STAFF!**

### Did You Know We Also Train Professionals?

Setebaid Services not only provides camp as a learning ground for campers, but also for medical professionals! Under the instruction of our Medical Director, both current & future medical professionals learn firsthand how to properly treat diabetes. Setebaid has pediatric endocrinologists, nurses, and dietitians come to camp to learn to better serve children with Type 1 Diabetes

\*All Conference Programming Subject To Change\*



Setebaid Services is a 501(c)(3) not-for-profit organization—donations to which are tax deductible to the fullest extent permitted by law.



The official registration and financial information of Setebaid Services may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.